

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Coachinfo: Warming up from: 12:55 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Waele Tatiana HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:17
Heat: 3/9 Lane : 3 Athlete: HOFMAN LILY					Q-time: 01:44:09
PB (25m pool): 02:04.25 Dendermonde. 25/11/2023					PB (50m pool): 01:44.09 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		02:04.25	
	no time				
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Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 15:19
Heat: 4/9 Lane : 3 Athlete: HOFMAN ROSE					Q-time: 01:39:55
PB (25m pool): 01:58.00 Dendermonde. 25/11/2023					PB (50m pool): 01:39.55 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:58.00	
	no time				
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Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:21
Heat: 5/9 Lane : 2 Athlete: SMET ALINE					Q-time: 01:36:92
PB (25m pool): 01:37.43 Sint-Amandsberg 27/10/2024					PB (50m pool): 01:36.92 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.23		01:37.43	
	00:46.23		00:51.20		
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Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:32
Heat: 1/7 Lane : 6 Athlete: DE WINTER REMI					Q-time: 01:52:39
PB (25m pool): 01:53.87 Lokeren 05/04/2025					PB (50m pool): 01:52.39 SB: 01:54.90 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.85		01:53.87	
	00:56.85		00:57.02		
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Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 15:41
Heat: 5/7 Lane : 8 Athlete: VAN DEN ABBEELE TOON					Q-time: 01:25:37
PB (25m pool): 01:25.37 Gent 23/02/2025					PB (50m pool): 01:38.58 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.32		01:25.37	
	00:41.32		00:44.05		
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Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:04
Heat: 1/8 Lane : 5 Athlete: CEULEMANS AMINA					Q-time: 99:99:99
PB (25m pool): 01:50.96 TEMSE 30/03/2025					PB (50m pool): 01:42.86 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.61		01:50.96	
	00:53.61		00:57.35		
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Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:07
Heat: 2/8 Lane : 6 Athlete: JANSSENS ANNELOE					Q-time: 01:52:30
PB (25m pool): 01:52.30 TEMSE 30/03/2025					PB (50m pool): 01:53.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.12		01:52.30	
	00:53.12		00:59.18		
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Coach feedback:

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Event number: 8: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:07
Heat: 2/8 Lane : 7 Athlete: KERREMANS MAïTé					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
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Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:13
Heat: 4/8 Lane : 2 Athlete: VANDEN BERGHE YANA					Q-time: 01:29:95
PB (25m pool): 01:29.95 TEMSE 30/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.57		01:29.95	
	00:42.57 00:47.38				
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Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 16:18
Heat: 6/8 Lane : 6 Athlete: VAN HAUWERMEIREN EMMA					Q-time: 01:21:55
PB (25m pool): 01:21.55 Sint-Amandsberg 19/10/2025 PB (50m pool): 01:25.85 SB: 01:21.55 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.40		01:21.55	
	00:40.40 00:41.15				
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Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:25
Heat: 1/5 Lane : 5 Athlete: GANSEMAN JACK					Q-time: 01:51:44
PB (25m pool): 01:51.44 TEMSE 30/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.29		01:51.44	
	00:54.29 00:57.15				
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Coach feedback:

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Event number: 9: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:25
Heat: 1/5 Lane : 6 Athlete: DE WINTER MAXIM					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
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Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:28
Heat: 2/5 Lane : 2 Athlete: CLEYNENS STAF					Q-time: 01:34:76
PB (25m pool): 01:40.98 TEMSE 30/03/2025 PB (50m pool): 01:34.76 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.41		01:40.98	
	00:50.41 00:50.57				
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Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:35
Heat: 5/5 Lane : 7 Athlete: HOFMAN OTIS					Q-time: 01:09:44
PB (25m pool): 01:09.44 Lokeren 28/09/2025 PB (50m pool): 01:11.15 SB: 01:09.44 Lokeren 28/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.89		01:09.44	
	00:33.89 00:35.55				
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Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 16:55
Heat: 2/11 Lane : 2 Athlete: KERREMANS MAÏTé					Q-time: 01:42:05
PB (25m pool): 01:42.05 Sint-Amandsberg 19/10/2025 PB (50m pool): no time SB: 01:42.05 Sint-Amandsberg 19/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.01		01:42.05	
	00:48.01 00:54.04				
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Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:57
Heat: 3/11 Lane : 4 Athlete: JANSSENS ANNELOE					Q-time: 01:26:11
PB (25m pool): 01:26.11 Dendermonde 22/11/2025					PB (50m pool): 01:31.69 SB: 01:26.11 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.80		01:26.11	
	00:40.80		00:45.31		
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Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 16:59
Heat: 4/11 Lane : 3 Athlete: CEULEMANS AMINA					Q-time: 01:21:82
PB (25m pool): 01:21.82 Dendermonde 22/11/2025					PB (50m pool): 01:23.48 SB: 01:21.82 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.11		01:21.82	
	00:38.11		00:43.71		
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Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 17:01
Heat: 5/11 Lane : 4 Athlete: HOFMAN LILY					Q-time: 01:15:32
PB (25m pool): 01:15.32 Lokeren 28/09/2025					PB (50m pool): 01:16.09 SB: 01:15.32 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.67		01:15.32	
	00:35.67		00:39.65		
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Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 17:03
Heat: 6/11 Lane : 2 Athlete: VAN HAUWERMEIREN EMMA					Q-time: 01:12:81
PB (25m pool): 01:12.81 Sinbad 22/07/2025					PB (50m pool): 01:14.72 SB: 01:13.45 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.74		01:12.81	
	00:34.74		00:38.07		
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Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 17:03
Heat: 6/11 Lane : 3 Athlete: HOFMAN ROSE					Q-time: 01:12:51
PB (25m pool): 01:12.51 Lokeren 28/09/2025			PB (50m pool): 01:13.33 SB: 01:12.51 Lokeren 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.52		01:12.51	
	00:35.52		00:36.99		
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Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 17:05
Heat: 7/11 Lane : 4 Athlete: SMET ALINE					Q-time: 01:09:91
PB (25m pool): 01:09.91 Lokeren 28/09/2025			PB (50m pool): 01:12.51 SB: 01:09.91 Lokeren 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.72		01:09.91	
	00:33.72		00:36.19		
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Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 17:06
Heat: 8/11 Lane : 6 Athlete: VANDEN BERGHE YANA					Q-time: 01:09:26
PB (25m pool): 01:09.26 Dendermonde 22/11/2025			PB (50m pool): 01:17.47 SB: 01:09.26 Dendermonde 22/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.16		01:09.26	
	00:33.16		00:36.10		
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Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:16
Heat: 2/10 Lane : 2 Athlete: GANSEMAN JACK					Q-time: 01:28:96
PB (25m pool): 01:28.96 Lokeren 28/09/2025			PB (50m pool): no time SB: 01:28.96 Lokeren 28/09/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.80		01:28.96	
	00:42.80		00:46.16		
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Coach feedback:

# STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 13: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:16
Heat: 2/10 Lane : 4 Athlete: CLEYNENS STAF					Q-time: 01:20:73
PB (25m pool): 01:20.73 Dendermonde 22/11/2025					PB (50m pool): 01:29.68 SB: 01:20.73 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.09		01:20.73	
	00:39.09		00:41.64		
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Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+					Heat:2, starttime: 17:16
Heat: 2/10 Lane : 7 Athlete: DE WINTER REMI					Q-time: 01:32:00
PB (25m pool): 01:34.34 Lokeren 28/09/2025					PB (50m pool): 01:32.00 SB: 01:34.34 Lokeren 28/09/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.95		01:34.34	
	00:45.95		00:48.39		
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Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+					Heat:3, starttime: 17:18
Heat: 3/10 Lane : 8 Athlete: DE WINTER MAXIM					Q-time: 01:20:69
PB (25m pool): 01:20.69 Dendermonde 22/11/2025					PB (50m pool): no time SB: 01:20.69 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.86		01:20.69	
	00:38.86		00:41.83		
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Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+					Heat:8, starttime: 17:26
Heat: 8/10 Lane : 8 Athlete: HOFMAN OTIS					Q-time: 01:03:29
PB (25m pool): 01:03.29 Dendermonde 22/11/2025					PB (50m pool): 01:04.75 SB: 01:03.29 Dendermonde 22/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.31		01:03.29	
	00:30.31		00:32.98		
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Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 13: 100M FREESTYLE MEN 11+					Heat:9, starttime: 17:28	
Heat: 9/10    Lane : 3    Athlete: VAN DEN ABBEELE TOON					Q-time: 00:59:44	
PB (25m pool): 00:59.44    Sint-Amandsberg    19/10/2025                      PB (50m pool): 01:03.46 SB: 00:59.44    Sint-Amandsberg    19/10/2025						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:28.66		00:59.44		
	00:28.66		00:30.78			
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Coach feedback: