

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Coachinfo: Warming up from: 12:55 untill 13:55. Teamleadmeeting @

The listed starttimes are indicative!

Coaches: De Waele Tatiana HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:3, starttime: 15:17

Heat: 3/9 Lane : 3 Athlete: HOFMAN LILY				Q-time: 01:44:09
PB (25m pool): 02:04.25 Dendermonde. 25/11/2023				PB (50m pool): 01:44.09 SB: no time
25 M	50 M	75 M	100 M	
PB	no time		02:04.25	
	no time			
.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:4, starttime: 15:19

Heat: 4/9 Lane : 3 Athlete: HOFMAN ROSE				Q-time: 01:39:55
PB (25m pool): 01:58.00 Dendermonde. 25/11/2023				PB (50m pool): 01:39.55 SB: no time
25 M	50 M	75 M	100 M	
PB	no time		01:58.00	
	no time			
.....	

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+

Heat:5, starttime: 15:21

Heat: 5/9 Lane : 2 Athlete: SMET ALINE				Q-time: 01:36:92
PB (25m pool): 01:37.43 Sint-Amantsberg 27/10/2024				PB (50m pool): 01:36.92 SB: no time
25 M	50 M	75 M	100 M	
PB	00:46.23		01:37.43	
	00:46.23		00:51.20	
.....	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO**Event number: 6: 100M BREASTSTROKE MEN 11+****Heat:1, starttime: 15:32****Heat: 1/7 Lane : 6 Athlete: DE WINTER REMI****Q-time: 01:52:39**

PB (25m pool): 01:53.87 Lokeren 05/04/2025

PB (50m pool): 01:52.39 SB: 01:54.90 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.85		01:53.87	
		00:56.85		00:57.02	
	

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+**Heat:5, starttime: 15:41****Heat: 5/7 Lane : 8 Athlete: VAN DEN ABEELE TOON****Q-time: 01:25:37**

PB (25m pool): 01:25.37 Gent 23/02/2025

PB (50m pool): 01:38.58 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.32		01:25.37	
		00:41.32		00:44.05	
	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+**Heat:1, starttime: 16:04****Heat: 1/8 Lane : 5 Athlete: CEULEMANS AMINA****Q-time: 99:99:99**

PB (25m pool): 01:50.96 TEMSE 30/03/2025

PB (50m pool): 01:42.86 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.61		01:50.96	
		00:53.61		00:57.35	
	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+**Heat:2, starttime: 16:07****Heat: 2/8 Lane : 6 Athlete: JANSSENS ANNELOE****Q-time: 01:52:30**

PB (25m pool): 01:52.30 TEMSE 30/03/2025

PB (50m pool): 01:53.79 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.12		01:52.30	
		00:53.12		00:59.18	
	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:2, starttime: 16:07

Heat: 2/8 Lane : 7 Athlete: KERREMANS MAiTé

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:4, starttime: 16:13

Heat: 4/8 Lane : 2 Athlete: VANDEN BERGHE YANA

Q-time: 01:29:95

PB (25m pool): 01:29.95 TEMSE 30/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.57		01:29.95	
		00:42.57		00:47.38	
	

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 11+

Heat:6, starttime: 16:18

Heat: 6/8 Lane : 6 Athlete: VAN HAUWERMEIREN EMMA

Q-time: 01:21:55

PB (25m pool): 01:21.55 Sint-Amandsberg 19/10/2025

PB (50m pool): 01:25.85 SB: 01:21.55 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.40		01:21.55	
		00:40.40		00:41.15	
	

Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:1, starttime: 16:25

Heat: 1/5 Lane : 5 Athlete: GANSEMAN JACK

Q-time: 01:51:44

PB (25m pool): 01:51.44 TEMSE 30/03/2025

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.29		01:51.44	
		00:54.29		00:57.15	
	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:1, starttime: 16:25

Heat: 1/5 Lane : 6 Athlete: DE WINTER MAXIM

Q-time: 99:99:99

PB (25m pool): no time

PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
		no time			
	

Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:2, starttime: 16:28

Heat: 2/5 Lane : 2 Athlete: CLEYNENS STAF

Q-time: 01:34:76

PB (25m pool): 01:40.98 TEMSE 30/03/2025

PB (50m pool): 01:34.76 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.41		01:40.98	
		00:50.41		00:50.57	
	

Coach feedback:

Event number: 9: 100M BACKSTROKE MEN 11+

Heat:5, starttime: 16:35

Heat: 5/5 Lane : 7 Athlete: HOFMAN OTIS

Q-time: 01:09:44

PB (25m pool): 01:09.44 Lokeren 28/09/2025

PB (50m pool): 01:11.15 SB: 01:09.44 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.89		01:09.44	
		00:33.89		00:35.55	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:2, starttime: 16:55

Heat: 2/11 Lane : 2 Athlete: KERREMANS MAiTé

Q-time: 01:42:05

PB (25m pool): 01:42.05 Sint-Amantsberg 19/10/2025

PB (50m pool): no time SB: 01:42.05 Sint-Amantsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.01		01:42.05	
		00:48.01		00:54.04	
	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:3, starttime: 16:57

Heat: 3/11 Lane : 4 Athlete: JANSSENS ANNELOE

Q-time: 01:26:11

PB (25m pool): 01:26.11 Dendermonde 22/11/2025

PB (50m pool): 01:31.69 SB: 01:26.11 Dendermonde 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.80		01:26.11	
		00:40.80		00:45.31	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:4, starttime: 16:59

Heat: 4/11 Lane : 3 Athlete: CEULEMANS AMINA

Q-time: 01:21:82

PB (25m pool): 01:21.82 Dendermonde 22/11/2025

PB (50m pool): 01:23.48 SB: 01:21.82 Dendermonde 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.11		01:21.82	
		00:38.11		00:43.71	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:5, starttime: 17:01

Heat: 5/11 Lane : 4 Athlete: HOFMAN LILY

Q-time: 01:15:32

PB (25m pool): 01:15.32 Lokeren 28/09/2025

PB (50m pool): 01:16.09 SB: 01:15.32 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.67		01:15.32	
		00:35.67		00:39.65	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:6, starttime: 17:03

Heat: 6/11 Lane : 2 Athlete: VAN HAUWERMEIREN EMMA

Q-time: 01:12:81

PB (25m pool): 01:12.81 Sinbad 22/07/2025

PB (50m pool): 01:14.72 SB: 01:13.45 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.74		01:12.81	
		00:34.74		00:38.07	
	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:6, starttime: 17:03

Heat: 6/11 Lane : 3 Athlete: HOFMAN ROSE

Q-time: 01:12:51

PB (25m pool): 01:12.51 Lokeren 28/09/2025

PB (50m pool): 01:13.33 SB: 01:12.51 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.52		01:12.51	
		00:35.52		00:36.99	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:7, starttime: 17:05

Heat: 7/11 Lane : 4 Athlete: SMET ALINE

Q-time: 01:09:91

PB (25m pool): 01:09.91 Lokeren 28/09/2025

PB (50m pool): 01:12.51 SB: 01:09.91 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.72		01:09.91	
		00:33.72		00:36.19	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+

Heat:8, starttime: 17:06

Heat: 8/11 Lane : 6 Athlete: VANDEN BERGHE YANA

Q-time: 01:09:26

PB (25m pool): 01:09.26 Dendermonde 22/11/2025

PB (50m pool): 01:17.47 SB: 01:09.26 Dendermonde 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.16		01:09.26	
		00:33.16		00:36.10	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:2, starttime: 17:16

Heat: 2/10 Lane : 2 Athlete: GANSEMAN JACK

Q-time: 01:28:96

PB (25m pool): 01:28.96 Lokeren 28/09/2025

PB (50m pool): no time SB: 01:28.96 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.80		01:28.96	
		00:42.80		00:46.16	
	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 13: 100M FREESTYLE MEN 11+

Heat:2, starttime: 17:16

Heat: 2/10 Lane : 4 Athlete: CLEYNENS STAF

Q-time: 01:20:73

PB (25m pool): 01:20.73 Dendermonde 22/11/2025

PB (50m pool): 01:29.68 SB: 01:20.73 Dendermonde 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.09		01:20.73	
		00:39.09		00:41.64	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:2, starttime: 17:16

Heat: 2/10 Lane : 7 Athlete: DE WINTER REMI

Q-time: 01:32:00

PB (25m pool): 01:34.34 Lokeren 28/09/2025

PB (50m pool): 01:32.00 SB: 01:34.34 Lokeren 28/09/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.95		01:34.34	
		00:45.95		00:48.39	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:3, starttime: 17:18

Heat: 3/10 Lane : 8 Athlete: DE WINTER MAXIM

Q-time: 01:20:69

PB (25m pool): 01:20.69 Dendermonde 22/11/2025

PB (50m pool): no time SB: 01:20.69 Dendermonde 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.86		01:20.69	
		00:38.86		00:41.83	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 11+

Heat:8, starttime: 17:26

Heat: 8/10 Lane : 8 Athlete: HOFMAN OTIS

Q-time: 01:03:29

PB (25m pool): 01:03.29 Dendermonde 22/11/2025

PB (50m pool): 01:04.75 SB: 01:03.29 Dendermonde 22/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.31		01:03.29	
		00:30.31		00:32.98	
	

Coach feedback:

STW meeting 26: Session: 1: COACH evaluation sheet for TEAM: DZO

Event number: 13: 100M FREESTYLE MEN 11+

Heat:9, starttime: 17:28

Heat: 9/10 Lane : 3 Athlete: VAN DEN ABEELE TOON

Q-time: 00:59:44

PB (25m pool): 00:59.44 Sint-Amandsberg 19/10/2025

PB (50m pool): 01:03.46 SB: 00:59.44 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.66		00:59.44	
		00:28.66		00:30.78	
	

Coach feedback: